



# TRAUMA INFORMED CARE

JUNE 12, 2025 • 10:00 - 11:30 AM (PART 1)

JUNE 13, 2025 • 10:00 - 11:30 AM (PART 2)

Trauma-Informed Care Training to learn how to support communities through a healing-centered, culturally competent approach. This workshop empowers leaders to challenge stigma, implement trauma-informed practices, and create survivor-focused programs that foster real change in their communities.

## THIS TRAINING WILL...

- ✓ Shifting mindsets about trauma individually and collectively
- ✓ Embodying the 6 Principles of Trauma-Informed Care
- ✓ Fostering Emotional Safety in Our Organization
- ✓ Safeguarding the Most Vulnerable in Our Community

## FACILITATORS



**JEAN NANGWALA**

Lead Storyteller and survivor  
support group facilitator



**NIKOLE LIM**

International Director and  
Author of Liberation is Here

## PARTNERS



ALAMEDA COUNTY BEHAVIORAL HEALTH  
**COMMUNITY BASED LEARNING**

Training Program



**Behavioral Health  
Department**  
Alameda County Health



HEALTH & HUMAN RESOURCE  
EDUCATION CENTER



[Register on Zoom:Trauma-Infomed-Care](#)

CBL Trainings are free to Alameda County residents & service providers.